

**Family Drop Ins, Information Sessions and Advice Line**

Our speech and language therapists run a number of different drop in and information sessions for parents and their children. See details and leaflets below.

**Early years drop ins (0 - 4 years)**

Please call your local area **Early Years Telephone** **drop-in session**. You do not need to book. These are held on different days in each area of Bristol and South Gloucestershire – [EY telephone drop-in information](https://cchp.nhs.uk/cchp/explore-cchp/childrens-speech-language-therapy/services-bristol-south-gloucestershire/family)

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| **Area** | Day | Time | Telephone Number |
| **South Gloucestershire** | Monday | 9:30am – 12:30pm | 0300 125 5139 |
| **East and Central Bristol**  | Tuesday | 9:30am – 12 noon | 0300 125 6904 |
| **South Bristol** | Wednesday | 9:30am-12 noon | 0300 125 6279 |
| **North Bristol** | Thursday | 9:45am-12 noon | 0300 124 5832 |
| **North Somerset** | Wednesday | 9:30am-12:30pm | 07773 733912 |

You can also contact us for advice and support via email  using sirona.slt@nhs.net​ for advice and support. You may also find our [YouTube channel](https://www.youtube.com/playlist?list=PLQA1R8PV2ZwaNYz4H5rYQ__wRTWJi38Py)or the [BBC's Tiny Happy People website](https://www.bbc.co.uk/tiny-happy-people) and [Hanen Centre's Tips for Parents](http://www.hanen.org/Helpful-Info/Parent-Tips.aspx) helpful.

**Confident Communicators**

Short parent information sessions (video), introducing how communication and language skills develop and ways to help your child learn language and taking turns in a conversation:

[Part 1: The Communication Pyramid](https://www.youtube.com/watch?v=IMXrCgvlJTI)

[Part 2: Language Development, step-by-step](https://www.youtube.com/watch?v=ik-I_fmv6Hw)

[Part 3: Getting Ready for Language](https://www.youtube.com/watch?v=qlftiogThXY)

[Part 4: Let's Get Talking](https://www.youtube.com/watch?v=38Fe4Bh3icA)